

Hammersmith

CHRONICLE

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Tuesday, June 13, 2017



Hundreds of people marched against racism and hate crimes in on Sunday as part of the second annual Unity Day, the finale of Hammersmith and Fulham ArtsFest. Speaking ahead of the march, council leader Stephen Cowan said the event had become "more poignant" following recent terrorist attacks. Leading a minute's silence to remember the victims of the London and Manchester attacks, Cllr Cowan told the march: "We will never let those who seek to divide us do so."

For the full story see page 10

No change as MP holds seat on a good night for Labour in London

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BY BECKY MORTON
becky.morton@
londonweeklynews.co.uk

Labour's Andy Slaughter held the Hammersmith constituency with a thumping majority as his party made gains across London.

Mr Slaughter increased his share of the vote by 13.9 per cent compared to 2015.

He beat his closest rival, Conservative Charlie De-whirst, by nearly 20,000 votes.

Labour supporters at the count were jubilant as news of the exit poll spread and it became clear their party had outperformed predictions nationally.

The constituency saw a massive turnout of 71.8 per cent, up from 66.4 per cent in 2015. This mirrored a nationwide trend which saw turnout reach its highest level since 1997, with early

indications suggesting young voters were responsible for much of the increased support for Labour.

Meanwhile in Chelsea & Fulham Greg Hands held the safe Conservative seat for his party, albeit with a reduced majority.

Labour challenger Alan De'Ath increased his party's share by 10.1 per cent, although Mr Hands retained a comfortable majority.

Both constituencies saw the Lib Dem and Labour candidates increase their share of the vote in what was a disappointing night for the Conservatives in London.

Labour continued their strong performance in neighbouring Kensington with a shock victory in the Conservative stronghold.

In one of the biggest surprises of the night Emma

Dent Coad beat Lady Victoria Borwick with a margin of just 20 votes.

The result was the last to be declared at just before 9pm on Friday, almost 24 hours after polling closed, following three recounts.

There was a carnival atmosphere outside the count as Ms Dent Coad's grassroots supporters chanted "Tories out" and played music in celebration.

Lady Borwick had supported Brexit while her constituency voted 69 per cent for remain in the EU referendum.

But Ms Dent Coad, who has represented the Golborne ward as a councillor since 2006, stressed the election "was not all about Brexit" and pledged to tackle inequality in Kensington.

● For more on the general election see pages 2&3



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General Election 2017 - You Decide

as Tories lose Kensington



HAMMERSMITH LABOUR HOLD

Andy Slaughter (Lab)	33,375
Charlie Dewhurst (Con)	14,724
Joyce Onstad (Lib Dem)	2,802
Alex Horn (Green)	800
Jack Bovill (UKIP)	507
Jagdeosingh Hauzaree (Ind)	44
LAB majority: 18,651	
(+13.9 per cent)	
Turnout: 71.8 per cent	

Labour MP Andy Slaughter retained his Hammersmith seat with a massive 33,375 votes, an increase of 13.9 per cent on the 2015 election.

His closest rival, Conservative Charlie Dewhurst, polled just 14,724.

The constituency saw a huge turnout of 71.8 per cent, up from 66.4 per cent in 2015.

"I'm very grateful for the strong and stable majority I have been granted by the people of Hammersmith and Fulham," he said in his acceptance speech, prompting laughter from supporters. He said the election showed the country "simply did not want what Theresa May and her party were offering".

He continued: "This country did not want

more pointless austerity. It did not want suffering inflicted on everyone from children at schools facing budget cuts, through to pensioners facing a 'dementia tax' and their winter fuel tax being removed. I don't think in my lifetime I've seen a party and a leader misjudge a political situation so badly. I'm so grateful that in this very robust democracy we have, the

people can disregard the press, disregard the polls and go out and make a sensible decision.

"They have made the sensible decision to reject May and reject the Conservative Party and their destructive and divisive policies. I hope that whoever forms a government now will genuinely govern in the interests of all the people of this country."

Mr Slaughter reaffirmed his support for a strong relationship with Europe and called for the country to "stand together and be united".

There was a strong police presence at the count and Mr Slaughter paid tribute to emergency services for their role in "ensuring democracy functions as it should" following the terrorist attacks in London and Manchester.

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- Rofti Wraps - Chicken, Curry Goat, Fish, Curry Veg
- Jerk Lamb, Steamed Fish, Curry Goat
- Ackee, Oxtail, Stew Chicken, Curry

SALADS

- Jerk Chicken Salad
- Fish Salad
- Caribbean Salad

MADE FOR SHARING

- Mixed Plate of Meat, Chad Fritters, Chicken Wings
- Chipolatas, Patty, Mixed Plate of Vegetarian
- Plantain and Pumpkin Parcels, Festival Dumplings
- Chick Peas and cucumber Salad, Veg Patties

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Chance to talk about fostering

Have you ever considered fostering but wondered what it entailed?

If so a fostering information event is being held on Thursday, June 15 where you can talk to foster parents and social workers from Kensington and Chelsea council's fostering recruitment team.

Children seeking foster families include sibling groups, children aged over five, teenagers and children with a disability.

The information sessions, which are organised by the Royal Borough of Kensington and Chelsea, Westminster City council and the London Borough of Hammersmith and Fulham, run from 10am until noon and from 6pm until 8pm in Room 3.1, Westminster City Council, 5 Strand, WC2N 5HR.

If you cannot attend the session but want to find out more you can email fostering@rbkc.gov.uk or you can register your interest online at www.rbkc.gov.uk/fostering for an information pack.

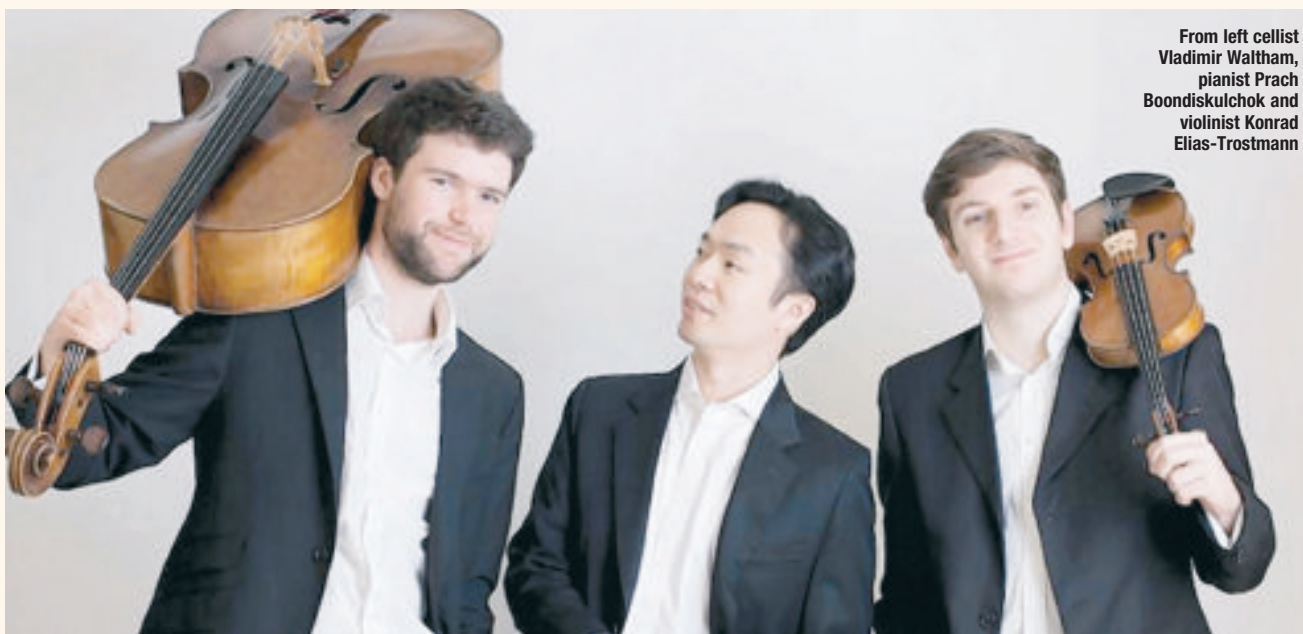
Free bike rides

Free organised bike rides are taking place across Kensington and Chelsea on Saturdays this month.

All rides are led by experienced cyclists and are open to anyone over the age of 14. Teenagers under 16 must be accompanied by an adult. You can cycle your own bike or hire a Santander bike.

Each ride is organised around a specific theme and all start at 10am and finish at 12.30pm.

For more details, and to reserve a place, see www.bit.ly/JuneBikeRides.



From left cellist Vladimir Waltham, pianist Prach Boondiskulchok and violinist Konrad Elias-Trostmann

Classical masterpieces to be performed

Two orchestral works by classical masters Beethoven and Walton will be performed in Hammersmith on Saturday.

Approximately 80 musicians from the Fulham Symphony Orchestra will be joined by the award-winning Linos Piano Trio to play Beethoven's landmark Triple Concerto in a concert at

Hammersmith Town Hall in King Street.

The performance of Beethoven's Triple Concerto will feature pianist Prach Boondiskulchok, violinist Konrad Elias-Trostmann, and cellist Vladimir Waltham as they lead the FSO's performance.

"What makes Beethoven's Triple Concerto interesting is its

attempt to bring together two quite distinct genres, the piano trio and the concerto," explained FSO conductor Marc Dooley. "Yet he manages to find a balance between the public orchestral grandeur and the soloists' genial chamber music."

The concert begins at 7.30pm.

Meanwhile, the programme for the evening also includes British

composer William Walton's Symphony No. 1 – which was inspired by his turbulent relationship with Baroness Imma von Doernberg.

The link between the Beethoven and Walton concert is that both works were created while the composers were in their early 30s.

"The two works in the concert

were written by composers of around the same age, in their early 30s, and in the first stage of full mastery of their own voice," added Marc.

● The concert begins at 7.30pm and tickets cost £12 (£8 concessions) from: www.wegotickets.com/event/402102.

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BRO

Salvatore Polizzotto, centre and opposite page, opened Rigatoni last month on the corner of Haldane Road



A little piece of

A Fulham restaurateur has brought back to life a corner of North End Road with the real taste of Italy.

Salvatore Polizzotto opened Rigatoni last month on the corner of Haldane Road after the success of his original Rigatoni restaurant in sunny Formentera – a celebrity hotspot by the sea on the smallest of Spain's Balearic islands.

Shortly after realising they had a successful for-

mula they started to look at locations in London and came across the former Barrow Boy pub that was being redeveloped.

The diversity and excitement of North End Road made it an ideal location for their brand of Italian hospitality relying on good food and good music.

"Considering our success in Spain we decided that Rigatoni needed a little sister in London

where you can enjoy our vibes even during the winter. And finally after a long wait we are now open in London," added Marco Maffi, one of the partners.

Rigatoni opened last month with a performance from Italian singer Umberto Smaila, while contestants from BBC TV show *The Voice* have also since sung at the restaurant.

"It is great to be in Fulham in a vibrant area



Large lorries will no longer be allowed to thunder down Hammersmith Grove

Lorries and trucks are banned from street

Large lorries and trucks have been banned from a residential road in Hammersmith after the council responded to concerns from residents over potential dangers.

Signs have gone up at each end of Hammersmith Grove advising drivers of heavy goods vehicles (HGVs) they can no longer use the area as a cut-through.

The ban is part of a suite of measures to improve local safety following joint working between Hammersmith Grove Residents' Association and Hammersmith & Fulham council.

"We listened to our residents in Hammersmith Grove when they asked us for help and now we're taking action," said Cllr Wesley Harcourt, cabinet member for environment,

transport and residents' services.

"High volumes of traffic and HGVs have caused misery and concern for these residents for some time now, so we hope these new measures will help them feel safer about the roads near their homes."

Residents had campaigned for the large trucks to be banned from Hammersmith Grove by their satellite

navigation systems. New bell bollards were recently installed at the junction with Trussley Road to prevent HGVs mounting the pavement when turning and new 'raised entries' will be installed at each end of Hammersmith Grove in the autumn. The council will be contacting sat-nav providers once the ban goes live to advise them to update their maps.

The council already operates a mandatory licensing scheme for properties which have three or more stories and are occupied by five or more people with at least two households.

Licences have the backing of independent Hammersmith estate agent John Horton, founder of Horton and Garton, who believes that an overall improvement in standards will benefit everyone.

Measures are introduced to protect tenants

New measures affecting licensing for landlords across Hammersmith and Fulham launched this month.

The council introduced the measures to better protect tenants from rogue landlords, while also protecting honest landlords from badly-behaving tenants.

The changes, which came into effect on Monday, June 5 could affect landlords of houses or flats shared by multiple tenants, or which are in roads where there are higher incidents of anti-social behaviour.

The council wants to raise standards for licensed rental properties to keep tenants safe and to reduce potential problems for neighbours.

The council already operates a mandatory licensing scheme for properties which have three or more stories and are occupied by five or more people with at least two households.

Licences have the backing of independent Hammersmith estate agent John Horton, founder of Horton and Garton, who believes that an overall improvement in standards will benefit everyone.

"It's important that landlords understand their responsibilities – and thankfully the majority are extremely responsible," he said.

"It's also great news for local renters who now have more protection and can expect higher standards from landlords."



Italy in Fulham

that offers the beauty of so many different cultures all together in one place. That is North End Road," said Salvatore.

"The other local businesses have been very welcoming and made me feel at home. It has a nice old school vibe and now we have traditional Italian food and live music on offer on the street. No compromise is made when it comes to food here. It is a huge part of the Italian cul-

ture. We love to sink our teeth into delicious food."

Music is said to be good for the digestion and Salvatore is a true believer as he cooks up a memorable night's dining with Rigatoni Friday – a night packed with live music to accompany the scrumptious plates of pizza, pasta and tiramisu coming from the kitchen.

"I have been involved in restaurants for over

30 years and live music is so important.

"The atmosphere of a place just changes in an instant the band strikes up. In Fomentera by the beach we have DJs and live singers entertaining the customers. It is a great experience and now I want to bring the dining party to Fulham," added Salvatore.

Rigatoni is located at 308-310 North End Road. Call 020 3903 8554.

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points of view



People with respiratory problems can find help by singing

Group singing can help lung disease

Singing improves the quality of life for people living with Chronic Obstructive Pulmonary Disease (COPD), according to research published by the Sidney De Haan at the Research Centre for Arts and Health.

There are currently about 1.2 million people in the UK living with COPD, a progressive lung disease that predominantly increases breathlessness and long-term inflammation of the airways.

Over recent years there has been growing evidence that group singing is beneficial for people with chronic respiratory disease in helping to modify breathing patterns, reduce breathlessness, and improve quality of life and social and psychological well-being.

The findings of the study, which observed singing groups for people living with COPD in

London, further support the centre's previous research carried out in East Kent. Professor Stephen Clift, director of the Sidney De Haan Research Centre, said: "People with COPD find it difficult to breathe, and are also vulnerable to social isolation, anxiety and depression.

"Regular group singing can help people to focus on their breathing in a positive way, improving management of breathing difficulties.

"Group singing is also supportive and fun, and people can have an enjoyable time.

"More and more singing for breathing groups are starting across the country, and the NHS needs to seriously consider the idea of singing on prescription."

The launch of the study took place at the Royal Festival Hall as part of the Southbank Centre's Chorus' Festival in 2015 and COPD

singing groups from around the country were invited to sing and find out more about the project.

The project team, led by the Sidney De Haan Research Centre for Arts and Health in collaboration with academics from the University of Kent and the London School of Economics and Political Science, worked with GPs to recruit people with COPD to four singing groups, then carefully monitored the groups over the period of a year.

The results concluded that regular singing has a positive impact on people with the serious and incurable lung condition.

For more information, contact Di White at the Sidney De Haan Research Centre for Arts and Health at Canterbury Christ Church University, email di.white@canterbury.ac.uk or call 01303 220870.



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Met Police volunteers are out in force

Metropolitan Police Service (MPS) volunteers have been working together by supporting their policing colleagues following the recent terrorist attack in London.

Volunteers have been helping policing colleagues on the streets of London and in police stations in a variety of roles.

While some worked behind the front counters and fulfilled a number of roles behind the scenes, officers from the Met's Special Constabulary (MSC) went to the scenes to assist with first aid, cordons, reassurance patrols and to offer assistance and advice to members of the public.

In the Met, there are about 2,600 Special Constables, 800 Met Police Volunteers (MPV) and 5,000 Volunteer Police Cadets (VPC).

Throughout last week's

National Volunteers' Week and National Specials Weekend, Specials and Cadets assisted in the rehearsal for Trooping the Colour and 40 Specials passed out from Hendon training college.

The MSC held recruitment events throughout the week to encourage members of the local community to join as a part of a strategic target of 3,200 officers by 2020.

Special Constabulary Chief Officer John Conway said: "On behalf of London and the Met Police, I would like to thank all of our volunteers for the vital help they gave the MPS at a time of heightened uncertainty.

"They helped to enhance our service in a range of activities and gave their time freely to keep London safe."

On a day-to-day basis Met Police Volunteers regularly assist their colleagues in a wide range of roles by working on front counters, watching CCTV evidence, offering chaplaincy support and undertaking role play to support training courses.

Alison McWhinnie from

the MPV, said: "I've been involved in many projects and events, including launching a counter-terrorism video for an airline"

The Metropolitan Police Cadet Programme (VPC) is a youth engagement and diversion programme supported by the Met.

It is for young people aged between 10 and 24-years-old and it gives them the chance to learn about policing skills, law and legislation, citizenship, and team building activities.

Cadets also take part in the Duke of Edinburgh's Award and support policing operations which, in the past, have included the Olympics and the Diamond Jubilee.

Throughout National Volunteer week cadets assisted firearm officers during training, attending a Duke of Edinburgh's expedition and assisted with a test purchase operation targeting retailers selling knives to underage children.

Police Cadet Lamya Al-Risheq Aguirre said: "Being in the cadets has given me a lot of confidence."

your letters



Do you have any pictures you would like us to feature in the London Weekly News titles? If so send them to shuz@slp.co.uk Here, from left, Meghan, six, Isla, three and Elise, four, are seen enjoying the weather in Hyde Park recently.
Pictures: PA



London Wildlife Trust

Spring heralds the start of the stag beetle season – when Britain's biggest land beetles wake and emerge from tree stumps and logs across the capital. Despite stag beetles being globally endangered and extinct across much of Britain, the capital remains a hotspot, and London Wildlife Trust is asking people to report their sightings and help researchers map their whereabouts.

Male stag beetles sport ferocious looking but harmless mandibles, the 'antlers,' which look as if they could give a serious pinch.

In fact, they use these specially adapted mouthparts to wrestle other males, fighting for female attention.

Almost 8cm in length and large enough to fill an adult's palm, the males seem to prefer warm, sultry evenings an hour or two before dusk and were once known as thunder beetles, as they could be seen flying before storms.

The females lack the large

antlers and to stick to the ground, waiting for the males to fly to them.

The decline in stag beetle numbers is attributed in part to the tidying up of parks, gardens and greenspaces and the removal of tree stumps and dead wood, without which the beetles have nowhere for their larvae to grow.

They may also be destroyed in the mistaken belief they are pests.

Many London parks now deliberately leave tree stumps and large logs in place, providing a home for stag beetles and other wildlife.

While stag beetles have been recorded in most London boroughs, they are most common in south London, including places such as Peckham Rye, Crystal Palace, Sydenham Hill Woods, Greenwich, Hither Green, and Morden Hall Park.

Last year, London Wildlife

HAVE YOUR SAY
Email: news@londonweeklynews.co.uk

Trust received nearly 1,000 reports of stag beetles across the capital and is again asking Londoners to report their sightings.

Mathew Frith, Director of Conservation at London Wildlife Trust, said: "The stag beetle is a plucky London survivor and shows how nature and wildlife continues to live alongside us, even in the midst of a huge city."

"Most people are amazed when they first see one of these stunning, super-sized beetles, especially when they realise they are harmless to us and our homes."

"If you do see one, please visit our website and let us know. By understanding where they live in London we will be able to ensure their survival."

If you think you've seen a stag beetle, or to find out more, visit www.wildlondon.org.uk/stag-beetle-survey

"When I first started at 12 I was so shy, I could never even have a conversation with someone."

"Being in cadets has also given me a lot of other really valuable skills, such as time management and taking pride in what I do."

Recognising the added value all the Met's volunteers contribute to making London safer, Commander Julian Bennett (Citizens in Policing lead), said: "Our volunteers provide a vital role to improve our service in a wide range of activities."

"I'm incredibly proud of the valuable and selfless contribution each volunteer gives to the Met and the communities of London."

"I'd like to take this opportunity to express my sincere thanks and gratitude for all that our volunteers continue to do. Every Met volunteer has given up their free time."

Find out how to become a Special and more about our Volunteers by visiting the Met's website.

Met Police, by email



The hidden charms of some of the borough's private green spaces are waiting to be explored during London's Open Garden Squares Weekend this coming weekend. Celebrating its 20th anniversary this year, the annual event is a chance to delve into the capital's secret or lesser known garden squares.

Garden explorers can discover more about the nine green spaces in Hammersmith and Fulham.

Man dies after collision

A man has died following a collision in Kensington, shortly after police officers signalled for a car to stop.

At approximately 3.10am on Saturday a car was in collision with a building in West Cromwell Road, W14.

Officers were on the scene shortly after the collision occurred. The car was wedged between the side of the building and steps leading to a basement.

The London Ambulance Service and the London Fire Brigade (LFB) were called to the scene.

Two men were able to free themselves from the trapped vehicle. Two other men were released from the car with the assistance of LFB.

All four men – believed to be aged in their 20s – were taken to hospital.

One of the men died at hospital later that morning. A post-mortem examination and formal identification will be arranged in due course. His next of kin have been informed.

A second man remains in hospital in a critical condition.

The other two other men have been arrested in connection with the incident. Neither suffered serious injuries.

As is routine in such cases, the Directorate of Professional Standards and the Independent Police Complaints Commission have been informed.

At this early stage it is understood that the car was seen by officers being driven at speed on Talgarth Road shortly before the collision.

The police car followed the vehicle and signalled for it to stop, but it sped away out of sight of the officers. When next seen by the officers, it had been involved in the collision in West Cromwell Road. Enquires continue to establish the full circumstances.

Anyone who witnessed the collision, or the moments leading up to the incident, is asked to contact police via 101.



Richard Loat will report back for ShelterBox on the work it has done to help families after Cyclone Dineo hit in February, leaving 130,000 in need of food and shelter.
Picture: @ShelterBox Richard Loat

Mozambique visit to see how people are coping after cyclone

BY TOBY PORTER
toby.porter@slp.co.uk

A volunteer will travel to Mozambique this month to make sure a disaster relief charity's lifesaving work has been effective there.

Richard Loat, from Stamford Brook, Hammersmith, will report back for ShelterBox on the work it has done to help families after Cyclone Dineo hit in February, leaving 130,000 in need of food and shelter.

A keen surfer and Iron Man long-distance runner, the dual nationality worker finds it easier to jog beside the Thames than ride a board in his home borough.

But he will use all his energy to help families hit by the first tropical cyclone to hit the coast of Mozambique for almost a decade.

Seven people were killed, including a child crushed by

a falling tree in Massinga.

After the storm, ShelterBox distributed its highly-portable shelter kits containing tarpaulins, tools and fixings.

Richard has helped traumatised families in Sudan, the Philippines, Serbia, Zimbabwe and Nepal since joining the charity in 2010.

ShelterBox is an expert in emergency shelter, but also supplies basic rebuilding materials, water filtration, solar lighting, and kitchen equipment and blankets to make a tent into a home, however temporary.

He said: "I think it's going to be a really good trip. Very often the assumption is that ShelterBox response volunteers are only banging up tents, but there's an equal importance around the follow-up and making sure that the help we've given is the right help.

"It'll be my first monitoring and evaluation trip, but in that regard I'm definitely looking forward to growing as a volunteer.

"I think the more deployments I can get under my belt the better for ShelterBox."

Richard has a passion for triathlons, particularly Iron Man races.

He said: "When I'm not doing that I'm probably chasing down surf on a beach somewhere.

"With a history as a serial social entrepreneur, right now I'm working with Comic Relief championing sport for development work across the globe.

"I emigrated from Canada to London four years ago, and can often be found running along the Thames from my home in Hammersmith."

For more information see www.shelterbox.org.

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Kensington & Chelsea NEWS pick up points			
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The Tabernacle, Notting Hill	35 Powis Square	Notting Hill	W11 2AY
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People of all ages and ethnicities came together on Sunday to march against hate in the council's annual show of unity.
Pictures: Justin Thomas



Hundreds march together against racism and hate on a day of unity

BY BECKY MORTON
becky.morton@
londonweeklynews.co.uk

Hundreds of people marched against racism and hate crimes in Hammersmith on Sunday as part of Unity Day, the finale of Hammersmith and Fulham ArtsFest.

Speaking ahead of the march, council leader Stephen Cowan said the event had be-

come "more poignant" following recent terrorist attacks.

Leading a minute's silence to remember the victims of the London and Manchester attacks, Cllr Cowan told the march: "We will never let those who seek to divide us do so."

The march ended at Ravenscourt Park with speeches from politicians and campaigners, followed by live

music and food from around the world. Speakers included Lord Alf Dubs, who escaped Nazi Germany by the Kindertransport and has campaigned for the UK to take in more unaccompanied child refugees.

He praised Hammersmith and Fulham council for "leading the way" in supporting child refugees and called for "unity in our community and country".

After the successful launch of Unity Day last year the council decided to make it an annual event.

Last year's march was organised to celebrate diversity following a rise in reported hate crime in the wake of the EU Referendum, including an attack on Hammersmith's Polish Cultural Centre.

Wiktor Moszczynski, of King Street's Polish and Cul-

tural Association, said: "In the first few months after the Brexit referendum the Polish community and many others suffered as the demons of racism were let loose."

"But our community have rejected this. After the attack on Hammersmith's Polish centre last year the reaction that everyone remembers is the flowers and gifts that came from the community express-

ing solidarity."

With Brexit negotiations on the horizon he said the risk of EU citizens being used as "bargaining chips" made this year's march just as significant.

Meanwhile the flag of the European Union flew above Hammersmith Town Hall as a symbol of unity against the rise in reported hate crimes since the EU referendum.

in my view

Cllr Nick Paget-Brown, Leader of Kensington & Chelsea council



Much is written about the health benefits of singing but recently I was reading about the disadvantages which can have such resounding repercussions on individuals that I thought would be worthwhile sharing.

Singing can cause loneliness – you never know where it might strike – if you become very successful and spend all your time touring and living away from home.

Singing is even known to cause you to lose your edge and drive to be creative. This happens if you end up with a novelty single with the result that the royalties continue to flow in and life is so comfortable you don't really need to work.

Then there is the addiction problem and the fact that you might lose touch with your old friends. It is recognised that singing is highly addictive; once you start singing you want to continue with the result that it takes up

more and more of your time making it hard to make space to keep up with your old acquaintances.

I can certainly vouch for the latter as here in the Royal Borough we have been funding weekly term-time workshops 'Sing to Live, Live to Sing' for the past three years.

What started out as a pilot project with just two sessions a week involving 24 singers has expanded into a veritable choir of singers.

The number of groups has quadrupled, and they are now to be found the length and breadth of the borough.

The numbers of singers keeps on growing – we now have over 120 tuneful warblers, some of them have been singing since the programme's inception – such is its addictive nature.

And just as football fans tend to share similar traits, these singers share common characteristics.

They like to wear their team shirt and an initial



study of participants found the overwhelming majority shared an increased 'sense of community and pride' culminating in an urge to share their experiences with the public, through performances.

In fact Sing to Live groups have performed Christmas concerts at the V&A and entertained shoppers at Portobello Market and older residents on Silver Sunday.

All of which won over ever more people to the cause. A report by Imperial College

post-graduate students in Public Health found that 90 per cent agree that their well-being has increased as a result of Sing to Live, Live to Sing workshops.

The research undertaken by the Imperial students found that residents who took part in the weekly singing sessions were better able to manage chronic conditions. Not only that but the singers also reported an improved sense of self-worth and their participation in community activities increased.

Participants who had sought medical help for mental ill health report the weekly sessions are having a very positive impact on their lives – bringing a sense of routine and something to aim for – which is beneficial and helps combat feelings of social isolation.

There is no sign of Sing to Live, Live to Sing singers' enthusiasm waning – in fact, many have gone on to try more challenging repertoires such as Franz Schubert's Deutsche Messe.

Meanwhile, council officers presented the study findings to an All-Party Parliamentary Group Inquiry into Arts and Health at the House of Lords.

But don't just take my word for it. Find your local Sing to Live, Live to Sing group and give it a try out.

The worst that can happen is that a year from now you will still be singing its praises.

To find your local group go to www.rbkc.gov.uk/singtolive.

Find your local Sing to Live, Live to Sing group and give it a try out, says Cllr Nick Paget-Brown



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sue domain



Today has been a busy day. As I sit down at the computer to write this, the day has not yet finished, anything can still happen and believe you me, I'm sure that by the time I have finished writing this article, something else would have occurred.

So, firstly I promised myself that this article was not going to be based on our new puppy, Sparky.

However, I cannot write anymore without mentioning the fact that, like with a newborn baby, I had to get up twice in the middle of the night. Sparky cried out once he had done his business, on our wooden floor.

That's twice: Once at 1.30am and again at 3.30am. After the 3.30am shift, I couldn't get back to sleep for ages and I knew exactly how my

poor long-suffering husband has felt for so many years.

Sleep deprivation is the worst form of torture.

As I was lying there, in the room next to the dining room, having fallen asleep very briefly and dreaming that I was being chased by zombies in Streatham, I was woken by a massive bang and a yelp.

Sparky had managed to knock down the wall that I had set up for him (inspired by Trump) to stop him going into the sitting room and claiming the sofa.

He was back in his crate and luckily there didn't seem to be any damage to him. He was a bit shaken though.

Shortly afterwards I heard my oldest son come down and pottier in the kitchen when suddenly there was a smash of glass, a few seconds later Sparky ran into the room clutching a piece of glass in

his mouth. It could have been a total nightmare, if I hadn't pulled the piece from his mouth, mainly because we've not sorted out his pet insurance yet.

The glass crashing was the glass cafetiere (yes, we too, are posh) that comes out only for guests.

It had been shoved between the breakfast cereal boxes out of harm's way. Unfortunately my son didn't think to move it before yanking his Coco Pops out from the back.

Then I had a call. The drains to a flat that I rent out were blocked. All of them were blocked and it was my responsibility to sort it out because nobody else would.

I couldn't bear to deal with the hassle and pushed it back to the managing agents to sort it out.

It was only 8.15am and I already felt exasperated.



What Sue Domain thought was a failsafe way of her mother taking tablets has not been working. Right, her dog, Sparky

I took my youngest son to school. As we got to the gates, he remembered he was going on a school trip that day.

So in a panic we darted to the Tesco supermarket across the road and stocked up on lunch-type foods to get him through the day.

Son dropped off again I went straight to my mum's to take her to her doctor's appointment.

I wanted to take my mum's blister pack to discuss the medicines with the doctor.

The packs are great. They basically divide the tablets into morning, afternoon and evening, and it's all labelled so you don't forget which tablets to take when.

This can get a bit confusing for some people, especially those with dementia.

Anyway, in my mum's cupboard I not only found her blister pack, but alongside it there was a box of tablets.

A mixture of tablets she has been taking out of her blister pack and storing them in this random box.

So for the past few months, what we thought was a failsafe way of her taking tablets was not working.

She had decided that she was only taking random tablets when she felt like it.

I don't know what to make of my mum's behaviour hiding these tablets.

Should I be pleased with her that she is taking a stand? That she's decided she doesn't want to be reliant on tablets for the rest of her life, like she has been her whole life up to

now? Or should I be concerned my mother is not taking her tablets and this is not good for her treatment? That she may get worse without them?

Is this normal behaviour for someone in the early stages of dementia?

I did tell my mum today. I tried to explain she has been diagnosed as being in the early stages of dementia.

She replied it's because she lives alone and she doesn't have anybody to talk to so she is forgetting things.

I responded she should come and live with me.

"No," was her abrupt reply.

"I'll move in with you then," I wasn't giving up.

"What for?" was her reply.

"There's nothing wrong with me."

I said: "What about the warden-assisted flats for older Polish people in Balham?" She would have loads of company then.

"Definitely no." Okay, that told me.

After the visit to the doctor I took my mum to the chemist and made her hand back her stash of tablets.

I felt I was treating her like one of my children.

Or were her actions so childlike that I was using the same tone of voice and language as I would with my child? It is almost like starting to learn a new way of speaking, behaving, acting with a person.

A person who has always been somebody who tells you what to do, who cared for you,

that you looked up to.

It all feels that things are starting to turn on their head, and I'm not sure how quickly things will change for the even worse.

On arriving home in the afternoon I received one call after another about the drain situation, which I found just draining.

I then found a bit of blood in Sparky's poo, so I panicked and took him to the vet.

I was then going out to meet a friend in London and I realised I didn't have any decent comfortable shoes and ended up borrowing my son's plimsolls.

I set off for London town and it started pouring. My feet got soaked.

I sat through a classical recital and was in direct view of everyone as my head bobbed up and down trying to stay awake.

I dozed through the entire concert while sitting there with squelching shoes.

I got home late only to sit at the computer and finish this before I go to bed.

I let Sparky out for a last toilet break and yes, I knew it.

I found my oldest son's school shoe outside in the garden, soaked through.

He doesn't have another pair of black shoes and he couldn't even borrow any from me.

I took a long deep breath and went to find the hairdryer.

It might just work to dry it out, it's either that or he'll have to hop to school.

★★★★★ 'GLEEFULLY FUNNY' ★★★★★

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The young people
selling their wares at
Portobello and
Golborne Road
markets



Next generation of traders learn their art on streets of west London

BY CHARLIE STONG
charlie.stong@slp.co.uk

More than 20 young entrepreneurs took their business ambitions to a new level when they traded at Portobello and Golborne Road Market.

In a bid to encourage young people to use the market to launch their businesses, the first-time traders were able to hire their pitches for just £10 a day as part of the market's New Youthquake initiative which was held on May 27 and 28.

The traders, who sold clothing, jewellery, fashion accessories, art, brocant, toys, stationery, homewares, natural cosmetics, personal grooming products, henna tattoos, craft coffee and hot food, were joined by seven of Portobello's 'next generation' of regular under-30s traders.

Over the weekend the young traders voted on the most promising trader who will represent Portobello Road and Golborne Road Market at the National Youth Market in Manchester in September.

Lauren Youngs and Manon Teychenne-Simoes claimed the title with their handmade fashion

and accessories brand Candy Warhol Creations.

They also won the best visual merchandising category. Traders also voted on other awards, these included:

● Best Product, which went to Sadia Conteh-Mosere for her autobiographical book *Single Mother Breaking the Stereotype*

● Best Customer Service, which went to Matthew Wright and Mike Wyatt of PlayPress Toys Ltd

● Best Social Media award, which went to Emmanuel Yeboah from the urban clothing and lifestyle brand DownWidIt.

Overall the young traders were very positive about the event.

Kei Ferguson, who markets illustrated stationery and homewares, said: "I liked New Youthquake's inclusivity, accessibility and affordability."

"The event was a great way to communicate and network while still having the chance to share my work and learn more about trading."

"It strengthened my ability to engage potential customers, challenged me to make the best of what I have, and allowed me to pick up little tips and tricks to make life easier when trading."



Meesha Lewis, who did not have far to travel to her stall as she lives in Tavistock Road, said: "I liked that my community had the opportunity to see my work."

"It was great to be part of Portobello's history – taking part in its first youth market."

"My grandmother and mother both shop for their friends in the market and as the next generation it is great to be part of that legacy."

Meanwhile there is a prize of £500 up for grabs in a market video competition for the aspiring vlogger, film-maker or storyteller that best captures the essence of the Portobello and Golborne street market.

The competition, open to young people aged 16 to 25 years, is jointly sponsored by the Royal Borough of Kensington and Chelsea and the Portobello and Golborne Management Committee.

The winning video will be screened at September's Portobello Film Festival.

● The closing date is midnight on Saturday. For information on how to enter visit www.rbkc.gov.uk/newyouthquake.



Dr Ylenia Perone, Dr Silvia Ottaviani and Alison Harrod, researchers at Imperial College London, want women and girls to sign up for Cancer Research's Race for Life

Scientists call on women to sign up for Race for Life

BY CHARLIE STONG
charlie.stong@slp.co.uk

Three scientists are asking women to back life-saving research by signing up for Cancer Research UK's Race for Life.

Dr Ylenia Perone, Dr Silvia Ottaviani and Alison Harrod are researchers at Imperial College London.

Dr Perone is a CRUK-funded clinical fellow in breast cancer, Dr Silvia Ottaviani is a research associate in pancreatic cancer and Alison Harrod is a CRUK-funded PhD student in breast cancer.

They want to highlight the crucial connection between taking part in an event and funding their work into the prevention, diagnosis and treatment of the disease.

They want to inspire women to enter the Race for Life 5k, 10k, Pretty Muddy and marathon events across London this summer by showing the difference they can make in the fight against cancer.

Dr Perone, 31, from Hammersmith, who will be taking part in Pretty Muddy at Wormwood Scrubs on July 8, said: "I want to say a huge thank you to all the women who participate in Race for Life in London and to everyone who supports them.

"There is a clear connection between all the mums, grans, daughters, sisters and friends who walk, jog or run their way around the events and the doctors, nurses and scientists in labs and hospitals, working on the front line against cancer.

"Without them, our work simply wouldn't be possible so we are very grateful for their support and commitment."

Dr Ottaviani's personal ex-

perience of cancer shaped her future. She lost one grandfather to lung cancer before she was born and the other to pancreatic cancer when she was six.

When she was 10, she lost an uncle to laryngeal cancer in his mid-30s, leaving two young children.

Dr Ottaviani, 33, from Bayswater, said: "It was an incredibly hard time for my family and that experience shaped my future. I knew at the time I wanted to become a scientist and study this disease.

"A few years ago my auntie was diagnosed with breast cancer. It was caught early and therefore she had a great chance to be free of the disease.

"But because of her beliefs, she refused treatment and died. It was very sad and frustrating because her death could have been prevented. It made me realise that communication with patients and the general public is as important as the science we do."

Alison, 27, from Marylebone, who is taking part in the Hyde Park 5k Race for Life on July 23, said: "Research has the power to save lives. That's why we need constant funding."

Last year, the charity was able to spend over £129 million last year in London alone on some of the UK's leading scientific and clinical research – helping more men, women and children survive cancer.

Last year, 52,689 women took part in Race for Life in London and raised £3,839,394. This year, organisers need 56,650 women and girls to help raise £4m.

Cancer Research UK's Race

for Life, in partnership with Tesco, is an inspiring women-only series of 5k, 10k, Pretty Muddy and marathon events which raise millions of pounds every year to help beat cancer sooner by funding vital research.

Money raised at Race for Life events helps Cancer Research UK fund long-term research and pioneering trials, leading to new tests and kinder treatments.

Cancer Research UK research and clinical trials have helped doctors use the drug tamoxifen to its full potential, revolutionising treatment and prevention of breast cancer and boosting survival. And the charity's early research work helped develop cisplatin, which is now used to treat testicular and other types of cancer.

Lynn Daly, Cancer Research UK spokeswoman for London, said: "By taking part in Race for Life, women can make a real difference in the fight against cancer.

"It isn't about being the fittest, fastest or first to the finish. It's about coming together to fight back against this devastating disease. Every person, step and penny raised counts.

"Our aim is that one day everyone will survive cancer and the more women who Race for Life, the sooner that day will come."

To enter Race for Life visit www.raceforlife.org or call 0300 123 0770.

● For more information about Cancer Research UK's work or to find out how to support the charity, call 0300 123 1022 or visit www.cancer-researchuk.org. Follow the charity on Twitter and Facebook.

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signing up to four weeks' free pet insurance and a starter pack of food, advice and special offers. A home visit may be required. To find out more call 020 7627 9234, email rehoming@battersea.org.uk or visit www.battersea.org.uk



Gia



Breed: Dobermann
Sex: Female
Age: 10 months
Reference: 356927

Gia is a gleeful gal, who will be happier in a home with experienced owners to shape her into a well-rounded adult.

She is full of energy and very intelligent. Gia is best suited to a home with older teenaged children only and a garden. She would be better in a quiet area where she can gradually meet other dogs outside the home.

Homer



Breed: Bull Mastiff
Sex: Male
Age: 2 years 8 months
Reference: 356457

Handsome Homer is a very lovable boy.

While perhaps not the brightest, he will make you laugh.

He makes friends with people very quickly and loves attention.

Homer needs adult-only owners confident handling strong dogs.

He would benefit from being the only pet in his new home.

Kip



Breed: Greyhound
Sex: Male
Age: 2 years 3 months
Reference: 357183

Kip is a glass-half-full kind of boy.

His sunny disposition makes him a joy to be around. He is looking forward to home life after putting his racing days behind him.

He would be happy sharing his home with another dog.

He will need to stay on a lead on walks, and a private garden is required.

Bella



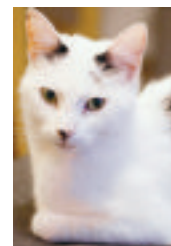
Breed: Staffordshire Bull Terrier
Sex: Female
Age: 9 months
Reference: 357301

Bella is a bouncy girl who is happy to have a fuss after burning off some energy.

With training she will mature into a lovely little lady.

Bella would appreciate a quiet area. She could live with another dog or a confident cat, but children should be teenagers able to help with training.

Bounty



Breed: Domestic Short-hair
Sex: Female
Age: 1 year 1 month
Reference: 356450

Beautiful Bounty adores company and will stand on her back legs to give you a head bob.

She will tell you what she wants, bringing toys for a game or empty packets when hungry.

She would benefit from a big household brings, but prefers people to other cats and dogs.

Mocca



Breed: Domestic Long-hair
Sex: Male
Age: 3 years 1 month
Reference: 356736

Mocca is a regal lad whose haughtiness is cover for his charm.

It takes a while for him to trust people, once he does he can't get enough attention.

He needs a settled home, with no major changes expected.

Ideally, he would be the only pet in a home with adults and older children and outdoor access.



My rabbit, Black Spot, is starting to act weirdly, every time I come and try to pick him up out of his cage, the way his old owner told me to, he leaps around scratching me and trying to tear my T-shirt. When my neighbour comes round and picks him up exactly the way I do, he does her no harm. Is this because of who is holding him, and who he feels comfortable with? Is there something I can do to make him stop?

You should watch the way your neighbour handles Black Spot and check that you are holding him in exactly the same way. Many rabbits don't like to be picked up at all and prefer to be fussed when they are on the ground. If you need to pick him up, make sure his hind legs are supported. His behaviour could also be because he is scared of you. Always approach him quietly and calmly. Get him used to your company by giving him his favourite treats. When he's confident in your company, which may take days or weeks, he may let you gently stroke him and, eventually once he trusts you, pick him up.

I've been feeding my budgies with commercial food, but will they also need vitamin supplements?

ments?

Many health problems seen in budgies are due to an inappropriate diet, so it's important that they are fed properly.

Complete, pelleted foods are recommended as they contain essential nutrients in the right amounts. But it's a good idea to add a small amount of fresh vegetables too, such as broccoli and grated carrot. Budgies can over-eat, so make sure you only give them the recommended amount of pellets. Remember that your budgie also needs fresh water so make sure you clean the water bottle regularly as well as the food dispenser. Any changes to your budgies' diet should be made gradually as sudden changes can upset their digestive system. For more information on feeding budgies, please visit www.pdsa.org.uk/budgies.

My two Jack Russell's both really need their teeth cleaned, but it isn't covered under my insurance and my vet is quoting around £350 to get this done. I really can't afford this, but don't want to risk my dogs getting ill due to dental problems. What can I do?

I would advise discussing this with your vet as they can sometimes offer a payment plan, such as paying by instalments.

You could also check to see if you are eligible for PDSA's help or possible assistance from other organisations, such as local charities. Visit

pdsa.org.uk or call 0800 731 2502 to find out if you can see a PDSA vet. Keeping your dog's teeth clean will help to prevent the build-up of bacteria, which can lead to painful dental problems and other diseases, if not treated. After your dogs' teeth are nice and shiny, start to brush them regularly using an enzymatic pet toothpaste.

VICKI LARKHAM-JONES, vet for the PDSA, answers your pet questions



Dogs' Home and DJ join up to thank volunteers

Volunteers' Week 2017 saw Battersea Dogs and Cats Home and Radio 1 DJ Matt Edmondson join forces to thank the volunteers and foster carers who have given up their spare time to help care for thousands of homeless animals at Battersea.

Last year, 1,399 volunteers and foster carers gave up an impressive 140,948.25 hours of their time – the equivalent of 16 years – to provide lots of love, attention, and care to the stray, abandoned, and unwanted animals at the home.

A new film on the Battersea website follows the Radio 1 DJ, who is also a Battersea foster carer, visiting the home and exploring the roles of the charity's volunteers.

Battersea is also holding its first ever volunteering and fostering conference on June 7 to say thank you to its many dedicated volunteers and foster carers and to showcase their hard work.

Speakers will include Karl Wilding, director of public policy and volunteering at NCVO, renowned dog trainer Sarah Fisher, and feline specialist Vicky Halls.



Radio 1 DJ Matt Edmondson (Picture: PA)

Creature Comforts

adoptapet



Last year, 1,399 volunteers and foster carers gave up an impressive 140,948.25 hours of their time at Battersea

Battersea's volunteering and fostering department wouldn't be able to function without the generosity from players of People's Postcode Lottery, who have so far donated a total of £200,000 to help expand the home's volunteering and fostering programme, in addition to producing the video for Battersea.

Charlotte Fielder, Battersea's head of volunteering and fostering, said: "The support of the volunteers and foster carers is vital to Battersea. We're so grateful for the work they do – they are integral to the work of the home."

"I want to thank them for everything they do and let them know how much the staff and animals appreciate their hard work."

"The volunteering and fostering conference is set to be a brilliant day to celebrate their hard work and the difference they make."

For more information on volunteering and becoming a foster carer, visit www.battersea.org.uk.

Willis



Breed: Lurcher;
Sex: Male
Age: 2 years 11 months
Reference: 356447

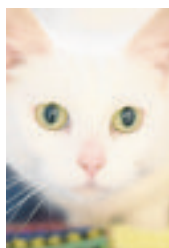
Wonderful Willis is an affectionate boy. He is energetic and loves to zoom around the garden.

He can be nervous with some men and groups of people.

His family should live in a quiet area.

He can't share a home with cats, but will be a companion for sensible children and another dog.

Wendy



Breed: Domestic Short-hair
Sex: Female
Age: 2 years 7 months
Reference: 357178

Wendy can be shy but comes around when she knows she will get attention.

She loves being stroked, and is also happy to be groomed.

She is hard of hearing, so needs a home away from busy roads and no other pets. Children should understand not to surprise her.

Jack



Breed: Staffordshire Bull Terrier
Sex: Male
Age: 8 years 3 months
Reference: 356737

This handsome boy is Jack.

He adores his toys and is motivated by treats, meaning he is happy to be trained.

He needs a home in a quiet area, where he is the sole pet. He can live with older children, and would like access to a private garden.

Ringo



Breed: Staffordshire Bull Terrier
Sex: Male
Age: 5 months
Reference: 357294

Ringo is intelligent and adorable.

He needs an active home with experienced owners where he is kept physically and mentally busy.

Ringo is a little under-socialised with other dogs, and would benefit from living with another dog as a confident cat and older children.

Kevin



Breed: Greyhound
Sex: Male
Age: 4 years 1 month
Reference: 357212

Kevin is an ex-racer who has won some awards in his time.

He now needs to put his paws up.

He isn't much into toys, but loves making friends.

It would be better if he lived with people experienced with greyhounds and is the only pet. A secure garden with high fences is also needed.

Marble



Breed: Bengal
Sex: Male
Age: 12 years 1 month
Reference: 357255

Marble is a magnificent example of his breed. Big and strong with bright green and a shiny coat.

At 12 he is still full of energy with plenty to say for himself.

He has a habit of standing on your feet if he approves of you.

He needs a big garden and an experienced cat owners, but must be the sole pet.



Capital Nights

Love in Idleness

By Kate Gould

People of a certain age will know Anthony Head as the suave coffee drinking chap from the hugely successful Nescafe ads of the 1980s.

Others will know him as the Prime Minister in *Little Britain*, David Whelan in *Dominion* and of course as Rupert Giles in *Buffy The Vampire Slayer*.

But the London-born actor's long and illustrious career also includes the stage, with stints at the RSC and the National, not to mention his West End turn as Frank N Furter in *Rocky Horror*.

And it is the stage that is his current focus of attention, thanks to a production of the critically acclaimed *Love In Idleness*, which has just transferred to the Apollo Theatre from the Menier Chocolate Factory.

He tells me the play is actually an amalgamation of two – Terrence Rattigan's original version, *Less Than Kind* and actor Alfred Lunts' reworking of it – by director Sir Trevor Nunn.

In it Anthony plays Sir John Fletcher, a tank expert in Churchill's government during the latter stages of the Second World War.

Sir John is separated from his much younger wife and is now happily living with Olivia Brown, a vivacious and charismatic widow of two years standing, played by Eve Best. It is clear the pair are besotted with each other.

However, their idyllic set-up is disrupted and put in jeopardy when her fire-brand son Michael comes home from Canada from where he was evacuated a few years previously.

A young socialist,

Michael disapproves entirely of his mother's relationship with Sir John, who he sees as representing everyone that is wrong with society.

He sets about to destroy their relationship – forcing her to choose between her lover and son – and in so doing allows the play to explore the subjects of love, passion, politics, ideology and loyalty.

Anthony and I chat shortly before the country voted in the general election, and it is clear the role and indeed the play has proved to be a fascinating project for him to work on, not least given the current political climate.

"The play is set in 1944 and at a time when life had changed enormously because of the war," he tells me.

"For the first time things



Clockwise from above, Anthony Head (Sir John Fletcher) and Eve Best (Olivia Brown), Charlotte Spencer (Diana Fletcher), Anthony Head and Eve Best and Edward Bluemel (Michael Brown)
Pictures: Catherine Ashmore

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looked as though they were going in our favour and that we were going to win the war.

"At the same time there was a huge political change with the rise in socialism and of course after the war the country elected a Labour government which went on to create the welfare state and the NHS.

"It's much like today in many ways. We are in the midst of an election, there's the whole issue of Brexit and it feels as though the political landscape is shifting.

"Within the play we see

how Olivia and Sir John enjoy their dinner parties and taking part in political discussions. It makes this production very current and relevant, so I hope audiences will enjoy it and be entertained but also think about the parallels."

But he insists it is not just a platform to discuss politics, citing the incredible humour within the piece that has had audiences laughing loudly ever since it opened at the Menier.

"What Trevor (Nunn) has done with the two plays is brilliant," Anthony says

warmly.

"He's got the best of both and written it really well. When I saw the script it was clear how extraordinary it was.

"There are so many genres – it's got themes of love and what it is to find love and keep it, as well as drama, Noel Coward-esque farce, real sadness, passion and political conscience – with clear and obvious references to Hamlet and elements of Chekhov. It's very clever.

"There is also great characterisation. Sir John is an industrialist, a multi-mil-

Capital Nights



lionaire and minister of tank production. It's likely he is loosely based on Lord Beaverbrook, who was Churchill's right hand man during the war.

"He is separated but not divorced from his younger trophy wife, but has now found his soul mate in Olivia, so everything in his life is hunky dory – that is until Michael comes along.

"Michael comes back from Canada, a socialist, with an expectation that his mother will be lonely but finds she is living in this nice house with me hanging around. He is petu-

lant and annoying and sees me as a dreadful capitalist, someone who has seduced his poor, defenceless mother – so there is a huge head-on collision both culturally, politically and emotionally.

"Sir John comes across initially as quiet and modest, but he's got a steely determination and is really a schemer just like Michael, and is more than a match for him. You see how underhand he is at the end – though he does what he does with the very best of intentions.

"It's a really meaty piece

and it's been such a joy to be part of. In fact it was a no brainer – when you get a call from Sir Trevor Nunn and find out Eve Best is on board, I couldn't wait to get to rehearsals."

He adds joking that his enthusiasm was tempered somewhat when he realised that they only had four rather than six weeks' rehearsal before opening at the Menier.

But he needn't have worried because the reception it got secured it a West End transfer which he describes as "wonderful".

"Audiences seem to have

found more life in it and have laughed more raucously," he laughs.

He also chuckles as he tells me he now regards himself as something of an "expert in tanks" thanks to the research he did for the role, and recommends a visit to the Cabinet War Rooms for anyone interested in the history.

"Churchill was an extraordinary man, and the Cabinet War Rooms is an incredible place," he says.

"Trevor did a lot of research and got Pathe news footage from that period which is cleverly projected on to the stage at various intervals.

"It shows images from the war as well as afterwards such as when Labour was elected and the subsequent creation of the NHS and welfare state – something that is now so current for us all."

Although he's clearly fascinated by politics, it's acting that has always been in his blood. However, given his illustrious career it comes as a surprise that Anthony undertook acting lessons when he moved to LA just before landing his role in *Buff*y.

He credits his partner Sarah with the idea and says it was "absolutely the right thing to do".

"I acknowledge the fact I've been hugely fortunate," he says warmly about his longevity in what is a notoriously tricky business.

"Sarah encouraged me to go to America to work, and when I rang her up after two months of being out there she told me to go and get on with it and go and get acting classes.

"It led to my first job out there and then *Buff*y, which in turn led to *Little Britain* and *Dr Who*, all of which

were very different roles.

"The bottom line is it's hard work trying to make sure you are not pigeon-holed though.

"However, Giles in *Buff*y was a wonderful step as I'd always been a young romantic lead and he was a real character role.

"It gave me an 'in' to a completely new world. I knew it was going to be good because the writing was so brilliant but I don't think any of us realised how huge it would be. We had a great time with it."

And he says he'd do the coffee ad again. "It changed my life – and the face of advertising – so yes, I've been very lucky."

● **Love In Idleness** is on at the Apollo Theatre until July 1. Tickets from £20. Visit www.nimaxtheatres.com/apollo-theatre/love_in_idleness/ for full listings.

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Capital Nights

Food Review, Charlotte's Bistro

By Adrian Seal



The modern menu has some inventive touches and imaginative flavour combinations with a good seasonal choice of ingredients on offer, says Adrian Seal

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When a colleague contacted me and suggested we meet up for lunch in west London, one place that immediately came to mind was a restaurant I had visited a few years back and described at the time as 'Chiswick's buzzing modern bistro'.

Now, while Chiswick has a plethora of fine eating establishments to choose from, Charlotte's Bistro seemed just the place to re-visit for a long-awaited catch-up with a fellow foodie, who knows a thing or two about a good lunch.

The Bistro is situated just a few strides off the High Road and yards from Turnham Green Tube station and is part of the small Charlotte's family, which also includes two popular establishments in nearby Ealing.

The restaurant is fronted by a cosy bar area, strong on cocktails and gins, which flows through to a long narrow glazed dining area.

There are comfortable leather seats down either side and plenty of light streaming through.

The design, however, is fairly bland and would benefit from a splash of colour here and there and some stand-out features to create a more interesting atmosphere that matches the colourful cooking.

The modern menu has some inventive touches and imaginative flavour combinations with a good seasonal choice of ingredients on offer.

Vibrant, chilled, crushed tomato soup with feta and black olives was bursting with flavour and colour and truly brought the taste of the Mediterranean alive.

It also proved the perfect pick-me-up for my dining companion, Hannah, who was still suffering the effects of rather over indulging the previous night.

My mackerel tartare was clean and fresh and stonking dollops of oyster mayonnaise worked wonderfully well and pulled the dish together, while a seaweed cracker added texture and interest.

Fish was the order the day and gleaming white flaky roasted cod was perfectly delivered sitting in harmony with well-matched chorizo, black rice and delicious fen-

nel for a skilful well-seasoned plate of food.

Hannah declared her mains of crispy skin pan fried Shetland salmon "simply perfect and tasty", with accompaniments of crushed Jersey royals and asparagus adding to a seasonal dish full of fresh flavours.

And the best was saved to last with my desert of scrumptious iced lemon par-fait, marinated strawberries, strawberry sorbet and crumble, an enticing summer sensation of flavours that left me licking my lips with delight.

Hannah wrapped up with a well-thought-out array of cheeses - which included particularly tasty Cashel Blue, Montgomery Cheddar and Tor goat's - presented nicely with pickled pear and homemade crackers.

There is a heavily-focused European wine list, with a decent selection available by the glass, and with lunch coming in at £24.50 each for three courses the Bistro was the perfect choice for a good natter with a colleague over some well-delivered and refined cooking.

● Charlotte's Bistro, 6 Turnham Green Terrace, Chiswick W4 1QP.

Capital Nights

Barclaycard
presents
**British
Summer Time
Hyde Park**
by Charlie
Stong



Above, Chickenshed Theatre. Above right, West London Gay Men's Choir. Inset left, the open air cinema

British Summer Time Hyde Park's Open House returns for a marvellous week of free summer activities in-between two weekends of legendary musical line-ups.

Barclaycard will be putting on outdoor movie nights, tennis screenings live from Wimbledon, street food stalls from all over the world, pop-up bars serving draft and craft beer, wine and cocktails, live music and entertainment and much more.

Following the huge demand for the open-air film nights over the past two years, Barclaycard presents British Summer Time Hyde Park is hosting four evenings of frivolous film fun on one of the biggest outdoor screens in London. Two films will be shown each evening – at 6pm

and 8.30pm.

You can sign up at www.bst-hydepark.com/openhouse to be the first to hear about the movie line-up and be offered the chance to book your place before the general announcement.

You can also watch Wimbledon this summer without tickets to the world's most famous tennis tournament with screenings from noon onwards.

On Monday, July 3 award-winning beat boxer The Pete Box, whose pioneering live show has ignited audiences across the world, will be tearing up the stage, while the following day House Gospel Choir will perform along with The Pete Box.

Described as a place where spirituality and the euphoria of the dance floor come together, House Gospel Choir will unite and uplift the audience through their outstand-

ing vocals and good vibes.

On Wednesday, July 5 London Gay Men's Chorus, plus Old Dirty Brasstards perform, with Soho Radio presenting The Cuban Brothers plus special guests on Thursday, July 6.

Soho Radio will also be hosting The Barclaycard Stage on Friday, July 7 from 4pm onwards, with performances from The Cuban Brothers, The Curious, Mary Epworth, Little Barrie, Young Gun Silver Fox, and the Soho Radio All Stars Featuring Baby Bam, Terri Walker and Hamish Stuart.

There will also be a street food market, a craft beer and cocktail bar and performances from Chickenshed Theatre suitable for children up to the age of six.

For more information visit www.royalparks.org.uk.

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Property

A wide range of insurance options – some compulsory and others advisable – are available to landlords letting a property in the UK.

Allison Thompson, managing director at property specialist Leaders, has had her say on cover available and urged landlords to protect themselves.

“Unfortunately, there is always the possibility of something going wrong and a landlord being left out of pocket, even with the most committed and reliable tenant in place, so adequate insurance is a must,” she explains.

“By selecting the right products landlords can cover themselves against most eventualities, ensuring ultimate peace of mind.”

Allison has identified six popular types of insurance that every landlord should consider:

The first is buildings insurance. This is widely considered to be the most important type of cover and a priority for all landlords.

Mortgage lenders are likely to insist on a landlord holding a policy – and even those without a mortgage are advised to cover themselves.

A good policy will cover the cost of rebuilding or repairing a property should it be affected by issues such

as storms, floods, vandalism, fire, damage to water or heating systems, subsidence, falling trees and much more.

Your policy will also cover loss of rent, but only in the case of an insured peril, such as a fire or flood.

Buildings insurance will, in many cases, cover malicious damage by tenants, providing a further benefit to landlords.

The second is contents insurance, which is just as important as buildings insurance, particularly if a property is let fully or part-furnished.

This insurance protects all contents – such as furniture, sofas, televisions, carpets and other possessions – against theft or damage.

One tip is to ensure a policy offers a ‘new for old’ term, meaning landlords can replace existing items that are damaged or stolen with brand new versions. Landlords do not need to insure their tenant’s belongings, so should only purchase cover for their own items.

The third is landlord liability insurance. This crucial policy covers landlords in the event of somebody being injured or killed while on their property.

It also protects landlords against any tenant who opts to sue following



There are six types of insurance every landlord should consider

an accident. Those who let to students may find this type of cover is a requirement of their university, while local authorities often stipu-

late a minimum level when letting to applicants on housing benefit.

Landlord liability insurance is sometimes offered as part of another

landlord policy, but if it is not it is well worth taking out.

Fourth is rent guarantee insurance. Even tenants who tick every box during the application stage can go on to default on their rent.

A change of circumstances – such as the loss of a job – is sometimes all it takes.

But landlords with a rent guarantee plan in place – such as Leaders’ Premier Rent Guarantee Service – will still receive their monthly payments, typically up to a maximum amount for an agreed period.

Fifth is home emergency insurance.

Landlords are unlikely to want to have to respond to every incident in a property, so instructing a quality letting agents to manage their tenanted home and investing in home emergency insurance is a wise move.

Home emergency insurance covers the cost of arranging repairs in the event of, for example, a burst pipe, gas leak, burglary or pest infestation. It guarantees a qualified tradesman will be available to resolve emergencies 24 hours a day, 365 days a year.

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Public Notices

ELIZABETH PENNEFATHER
(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the above named, late of Flat E, 20 Warwick Square, London SW1V 2AB, who died on 05/08/2016, are required to send written particulars thereof to the undersigned on or before 21/08/2017, after which date the Estate will be distributed having regard only to the claims and interests of which they have had notice.

Penningtons Manches LLP,
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Transport for London Notice

ROAD TRAFFIC REGULATION ACT 1984

THE GLA ROADS AND GLA SIDE ROADS (CITY OF LONDON)
RED ROUTE CONSOLIDATION TRAFFIC ORDER 2007 A201
FARRINGDON STREET, A321 I BYWARD STREET AND LOWER
THAMES STREET VARIATION ORDER 2017
THE A321 I GLA SIDE ROAD (LOWER THAMES STREET, CITY
OF LONDON) PRESCRIBED ROUTE TRAFFIC ORDER 2017

- Transport for London, hereby gives notice that it intends to make the above named Orders under section 6 of the Road Traffic Regulation Act 1984.
- The general nature and effect of the Orders will be to:
 - (1) prescribe that all vehicles travelling in a westerly direction on the GLA side road Lower Thames Street upon preaching the GLA main road Lower Thames Street shall proceed in no other direction than straight ahead;
 - (2) formalise the double red lines (no stopping at any time) on the GLA side roads Lower Thames Street and the unnamed service road linking Byward Street and Lower Thames Street;
 - (3) formalise the Monday to Saturday 7am to 7pm motor cycles only parking bays outside Nos. 30 and 40 Farringdon Street;
 - (4) formalise the Monday to Saturday 10am to 4pm loading max 20 mins and disabled persons vehicles 3 hours bays outside Nos. 32 and 34 Farringdon Street;
 - (5) formalise the Monday to Saturday 7am to 7 pm parking 1 hour no return within 2 hours bay outside Nos 40 and 41 Farringdon Road.
- The roads which would be affected by the Orders are A201 Farringdon Street, A321 I side roads Lower Thames Street and the unnamed service road linking Byward Street and Lower Thames Street.
- A copy of the Orders, a statement of Transport for London's reasons for the proposals, a map indicating the location and effect of the Order and copies of any Order revoked, suspended or varied by the Order can be inspected during normal office hours at the offices of:

• Transport for London Streets Traffic Order Team (RSM/PI/STOT) Palestra, 197 Blackfriars Road London, SE1 8NJ	Planning Enquiry Desk North Wing Corporation of London Guildhall London EC2P 2EJ
--	--
- All objections and other representations to the proposed Order must be made in writing and must specify the grounds on which they are made. Objections and representations must be sent to Transport for London, Streets Traffic Order Team, Palestra, 197 Blackfriars Road, London, SE1 8NJ quoting reference RSM/PI/STOT/TRO, GLA/2017/0247&8, to arrive before 4th July 2017. Objections and other representations may be communicated to other persons who may be affected.

Dated this 13th day of July 2017

Mufu Durowoju

Network Impact Management Team Manager
Road Space Management - Operations, Transport for London
Palestra, 197 Blackfriars Road, London, SE1 8NJ

MAYOR OF LONDON



TRANSPORT
FOR LONDON

LONDON BOROUGH OF HAMMERSMITH AND FULHAM

ROAD TRAFFIC REGULATION ACT 1984

SECTION 14(1)

(SUSSEX PLACE)

TEMPORARY PROHIBITION OF TRAFFIC

- The Council of the London Borough of Hammersmith and Fulham hereby gives notice that in order to structural inspection works to be carried out in the above named road; made an Order the effect of which would prohibit vehicular traffic in a section of the above named road.
- Whilst works are in progress, or whilst the authorised traffic signs are displayed, no person shall cause any vehicle to proceed, stop, wait, load or unload in Sussex Place.
- An alternative route for traffic in article 2 would not be required.
- Exemptions would be provided in the Order to permit reasonable access to premises, so far as it is practical without interference with the execution of the said work and for works vehicles, any vehicle being used in connection with police, fire or ambulance purposes and anything done with the permission or at the direction of a police constable in uniform.
- The Order would come into operation on the 19th June 2017 and would be valid for a maximum period of 18 months or until works are completed, whichever is the sooner.
- Works would be expected to commence on Monday 19th June 2017 and last for 1 day. The dates specified are for guidance and informative purposes only and works may extend outside these dates.

Dated this 9th day of June 2017

Nicholas Ruxton-Boyle

Chief Transport Planner

Transport and Highways

CONDITIONS OF ACCEPTANCE FOR ALL ADVERTISEMENTS

Orders are accepted by the Publishers subject to the Standard Conditions agreed between the Newspaper Society and the Institute of Practitioners in Advertising. Save that:

- Advertisements are accepted on the conditions that (a) descriptions relating to goods are accurate and in no way contravene the provisions of the Trade Descriptions Act 1968, and the Fair Trading Act 1973, and (b) the copy complies with the British Code of Advertising Practice. Advertisements offering credit or hire facilities must conform to the Consumer Credit (Advertisements) Regulations 1980.
- 'Classified' Advertisers offering goods or service of a business, commercial or trade nature will, at the discretion of the Publishers, be deemed 'Trade Advertisers', and as such, must include their names in advertisements. A telephone number is an optional addition to these requirements and not an alternative.
- To comply with the Business Advertisements (Disclosure) Order 1977, Trade Advertisers must make it clear that they are selling goods in the course of business either by content, format, size or place of the advertisement or by including words such as 'trade', 'dealer', 'agent', 'wholesaler', '(T)' etc. in the advertisement.
- The Publishers accept no liability whatsoever for any loss or damage however caused arising out of:
 - (a) Any error, inaccuracy or omission in the printing or publishing of any advertisement;
 - (b) Any failure to publish an advertisement on the day / date or day / dates specified by the advertiser; or
 - (c) Any delay in forwarding or omission to forward replies to box numbers to the Advertiser.
- The Publishers will endeavour to publish advertisements on the day / date or day / dates specified by the Advertiser but insertion days / dates cannot be guaranteed.
- Where shrinkage of advertisement occurs for whatever reasons the advertisement will be charged to the nearest full centimetre. This will NOT apply to the full-page advertisements, which remain full pages even after shrinkage.
- The Publishers reserve the right to reject an advertisement or to vary it in any way they deem fit, at any time before publication, whether or not the advertisement has already been accepted for publication.
- Whilst every effort is made to minimise errors in advertisements, mistakes do sometimes occur. Advertisers or their agents should therefore check their advertisements and inform us of any errors immediately. Responsibility cannot be accepted for more than one incorrect insertion. Typographical or minor changes, which do not affect the value of the advertisement, do not qualify for republication or allowances.
- All gross advertising rates (except classified lineage and semi-display) are subject to and include a 0.1% Advertising Standards Board of Finance surcharge, payable by the advertisers to help finance the self-regulatory control system administered by the Advertising Standards Authority.
- All rates quoted are subject to VAT at the rate currently in force at the time the advertisement appears.
- Should the rate for advertisements be altered the price for remaining insertions shall be revised accordingly or the publishers shall have the right to cancel the unexpired portion of the order.
- The placing of an advertisement order will be deemed an acceptance of these conditions.
- Account facilities are granted at the discretion of the Company.
- All accounts must be settled within the terms agreed by the Company and the Customer.
 - (1) Should an advertiser be in breach of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be reclaimed.
 - (2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 6% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should legal action be required the interest will be charged in accordance with the County Court Act 1984.
- Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect for an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of this liability.
- All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.
- All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.
- The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further information is available on request.
- The copyright of advertisements produced wholly or partially by the Publishers belong to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.
- Box Numbers**
Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies. Box numbers alone are not available for use in 'Trade' advertisements, other than Employment and Business Opportunities.
- Holiday & Travel Category**
All advertising must contain the name of the advertiser, phone number alone are not permitted.
- Data Protection**
The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors. Data controller will use your information for administration and analysis. We may share your information with other Capital Media Newspapers Ltd or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.
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Local Planning Applications London Borough of Hammersmith & Fulham



PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990

I give notice that applications have been made to the Council of the London Borough of Hammersmith & Fulham as follows:

FOR DEVELOPMENT WHICH MAY AFFECT THE CHARACTER OR APPEARANCE OF A CONSERVATION AREA

505 Fulham Road London SW6 1HH 2017/02173/FUL

Erection of a wall to replace fencing to the front side boundary; increase the height of the existing side wall and erect trellis on top of wall.

7 Rylett Crescent London W12 9RP 2017/02170/FUL

Erection of a rear roof extension; erection of a single storey rear extension, to the side and rear of the existing back addition, following demolition of existing extension; excavation of front garden and part of rear garden to form lightwells, in connection with the enlargement of the basement; erection of a new boundary wall with railings on top at the front elevation.

Flat A 68 Bramber Road London W14 9PB

2017/02171/FUL

Erection of a single storey rear extension, to the side and rear of the existing back addition; erection of railings on top of the front boundary wall.

Flat C 455 Fulham Palace Road London SW6 6SU

2017/02172/FUL

Erection of an additional floor at roof level.

55 Milson Road London W14 0LH 2017/02179/FUL

Erection of a front and rear roof extension; erection of a rear extension at second floor level, on top of existing back addition.

104 King Street London W6 0QW 2017/01931/FUL

Redevelopment of the site comprising the demolition and removal of all existing buildings and their replacement with a new office development buildings comprising a part 3 part 4-storey block and a series of interconnecting two-storey buildings to provide 3234 square metres Gross Internal Area (GIA) (3726 square metres GEA) of office space.

Mayhem Animal Home

Trenmar Gardens London NW10 6BJ 2017/01618/ADV

Display of a non-illuminated fascia lettering sign at first floor level and a non-illuminated fascia lettering sign at ground floor level to the Ponsard Road elevation; display of a non-illuminated fascia lettering sign at first floor level to the Trenmar Gardens elevation.

9 King's Parade Askew Road London W12 9BA

2017/01995/FUL

Amendments to the size and layout of the roof terraces at first and second floor level as approved under planning permission ref: 2016/01781/FUL granted 18th September 2016 (Amended description).

41 Ravenscourt Road

London W6 0UJ

2017/02097/FUL

Erection of rear extensions at lower ground, upper ground, first and second floor level following partial demolition of the rear back additions; installation of a new rooflight following the removal of existing rooflight above the main flat roof at roof level; installation of new windows and a door to replace the existing window together with the erection of privacy screen at second floor level to the rear elevation, in connection with its use as a terrace; installation of new doors to replace the existing doors to the rear elevation, replacement of 2no side windows with new windows to front bay at lower ground floor level; further excavation of the front garden to form a new store room and additional lightwell; erection of railings around the edge of front lightwell; alterations to the front lightwell and replacement of external steps from lower ground floor to upper ground floor level with new widened steps at the front of the property.

2 - 6 Fulham Broadway London SW6 1AA

2017/02237/FUL

Installation of 3no antennas, 3no transmission dishes mounted on support poles, 1no equipment cabinet set on free standing plinth and ancillary development thereto at roof level.

52 Sterndale Road London W14 0HU 2017/02116/FUL

Erection of a rear roof extension; erection of a single storey side infill extension; excavation of the front and rear garden to form a front lightwell in connection with the enlargement of the existing basement.

Wendell Park And John Aird School Cobbold Road London W12 9LN

2017/02129/FUL

Use of the playground area to operate as a food and craft market on Sundays between the hours of 08:00am and 16:00pm.

35 Maxwell Road London SW6 2HT 2017/01639/FUL

Erection of an additional floor at roof level; erection of a rear extension at second floor level over part of the existing back addition; erection of a single storey rear extension.

Broadway Mansions

Effie Road London SW6 1EL 2017/02145/VAR

Variation of condition 2 of planning application ref: 2015/02157/FUL of which appeal ref: APP/H5390/W/15/3133658 was granted 23rd February 2016 to allow minor material amendments to include: addition of galvanised hopper and downpipe, addition of galvanised structure to plant deck, addition of new plant deck to commercial units fully screened, service shaft finish in a white colour based polymer silicon render, service shaft height increased by approx 350mm, addition of timber screened cycle store to side of entrance, graphic changes to abutment of aluminium framed glass structure with rendered post box structure, formation of a ramp to refuse storage and

high grade smooth finished concrete plinth to glass extension.

Flat A 32 Vereker Road London W14 9JS

2017/02159/FUL

Replacement of existing roof with a new raised mansard roof; excavation basement to provide accommodation at lower ground floor; alterations to the Fairholme Road elevation in connection with the formation of a 2 bedroom self-contained unit.

22 And 24 St Peter's Grove London W6 9AZ

2017/02169/VAR

Variation of condition 2 of planning permission ref: 2016/00559/FUL granted 15th April 2016 to allow minor material amendments to include: Flat roofs to the first floor glazed study and the master bathroom to be made of single ply membrane, omission of the front roof parapet of the main house and alterations to the remaining parapet/eaves heights elsewhere, the first floor front elevation windows to be made of slim line metal frame tilt and turn windows and increasing the height of the windows, some of the enamel facade to the front of the bay window would now become openable, alterations to the brick walls of the main house, garage, woodshop and low level walls, Parapet coping over woodshop and garage, capping stone to chimney, selected windows to be openable on the north and south elevations of the first floor glazed study, selected windows in the main clerestory on the rear elevation, circular rooflight over master bathroom, selected windows in rooflights over the woodshop entrance and over the west end of the living room, reconfiguration of the chimneys and installation of a flue to the roof of woodshop, installation of rain water pipes to the front elevation of the garage and the rear elevation of the glazed study (main house), installation of soil vent pipes on the pitched roof over the woodshop kitchenette and the flat roof over the master bathroom, installation of new openable rooflight over the woodshop wc, alterations to the garage door at the front elevation, alterations to the courtyard fenestration at the rear of the dwellinghouse, and alterations to the external canopy over the door between kitchen/dining room and courtyard.

Land To The Rear Of 2 Ifley Road, And Land To The South And To The Rear Of 1-11 Southerton Road London 2017/01901/FUL

Change of use from motor vehicle maintenance (Class B1 light industrial use) into residential (Class C3); redevelopment of the site to create 5 x two storey dwellinghouses and 4 x two bedroom self-contained flats.

63 Rowan Road London W6 7DT 2017/02206/VAR

Variation of planning permission 2016/03589/FUL granted 06/10/2016 for 'Erection of a rear roof extension; installation of 2no. rooflights in the front

rooflight in the side roofslope; erection of a single storey rear extension, to the side of the existing back addition; excavation of the front garden and part of the rear garden to form lightwells, in connection with the enlargement of the existing basement'.

Amendments include revised rooflight locations to the front and side roofslopes, changes to the rear dormer and changes to the roof of the ground floor roof.

12 Orchard Street London W12 0SY 2017/02239/FUL

Erection of an extension at first floor level to the side of the main building.

145B Greyhound Road London W6 8NJ

2017/02243/FUL

Erection of an additional floor at first floor level to single storey ground floor flat; and alterations to the positions of a window and door to the front elevation at ground floor level.

Flat First Floor 40 Irving Road London W14 0JS

2017/02105/VAR

Variation of condition 2 of planning permission ref: 2016/01404/FUL granted 25th May 2016 to include the enlargement of the roof terrace at second floor level and installation of an additional rooflight over the main flat roof at roof level.

116 King Street London W6 0QP 2017/02068/FUL

Installation of a new shopfront and roller shutter.

17 Aldine Street London W12 8AW 2017/02083/FUL

Replace all existing single glazed timber windows to front, side and rear elevations with new timber double glazed windows.

96 Settrington Road London SW6 3BA

2017/02093/FUL

Erection of a front roof extension including raising the ridge height of the main roof at roof level; erection of a rear extension at second floor level over part of the existing back addition; erection of a rear extension at first floor level, on top of the existing back addition following the removal of existing roof terrace; erection of new glass balustrades to replace the existing terrace screening at second floor level; replacement of the existing bay roof projection with a flat roof to the front elevation at first floor level.

Flat Ground Floor 42 Chipstead Street London SW6 3SS

2017/01342/FUL

Further excavation and enlargement of the existing basement and formation of new lightwells.

FOR CONSERVATION AREA CONSENT (DEMOLITION WORK)

FOR LISTED BUILDING CONSENT

FOR DEVELOPMENT WHICH MAY AFFECT THE SETTING OR CONTEXT OF A LISTED BUILDING

115 Estcourt Road London SW6 7HB 2017/02223/FUL

Installation of 1100mm high grey powder coated planters at second floor level to the rear elevation, in connection with its use as a terrace.

22 And 24 St Peter's Grove London W6 9AZ

2017/02169/VAR

Variation of condition 2 of planning permission ref: 2016/00559/FUL granted 15th April 2016 to allow minor material amendments to include: Flat roofs to the first floor glazed study and the master bathroom to be made of single ply membrane, omission of the front roof parapet of the main house and alterations to the remaining parapet/eaves heights elsewhere, the first floor front elevation windows to be made of slim line metal frame tilt and turn windows and increasing the height of the windows, some of the enamel facade to the front of the bay window would now become openable, alterations to the brick walls of the main house, garage, woodshop and low level walls, Parapet coping over woodshop and garage, capping stone to chimney, selected windows to be openable on the north and south elevations of the first floor glazed study, selected windows in the main clerestory on the rear elevation, circular rooflight over master bathroom, selected windows in rooflights over the woodshop entrance and over the west end of the living room, reconfiguration of the chimneys and installation of a flue to the roof of woodshop, installation of rain water pipes to the front elevation of the garage and the rear elevation of the glazed study (main house), installation of soil vent pipes on the pitched roof over the woodshop kitchenette and the flat roof over the master bathroom, installation of new openable rooflight over the woodshop wc, alterations to the garage door at the front elevation, alterations to the courtyard fenestration at the rear of the dwellinghouse, and alterations to the external canopy over the door between kitchen/dining room and courtyard.

63 Rowan Road London W6 7DT 2017/02206/VAR

Variation of planning permission 2016/03589/FUL granted 06/10/2016 for 'Erection of a rear roof extension; installation of 2no. rooflights in the front roofslope; installation of 1no. rooflight in the side roofslope; erection of a single storey rear extension, to the side of the existing back addition; excavation of the front garden and part of the rear garden to form lightwells, in connection with the enlargement of the existing basement'.

Amendments include revised rooflight locations to the front and side roofslopes, changes to the rear dormer and changes to the roof of the ground floor roof.

Unit 1 10 Hammersmith Grove London W6 7AP

2017/02059/ADV

Display of an internally illuminated fascia sign (letters to be illuminated only) to the front elevation.

Anyone who wishes to make representations about these applications should do so by 4th July 2017. See below for ways of commenting on applications.

THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2013 NOTICES UNDER REGULATION 13
129 - 131 Stephendale Road London SW6 2PS
2017/02139/FUL

I give notice that Stephendale Road LLP is applying to HAMMERSMITH & FULHAM COUNCIL for planning permission to carry out the following development: Change of use of the ground floor from retail (Class A1) into residential (Class C3); partial demolition of the single storey rear back addition to form new garden areas and installation of new doors with openings to the rear elevation; excavation of the rear and side gardens to form lightwells in connection with the creation of new basements; erection of external staircases from basement to garden level at the rear of the property; erection of a new rear boundary wall with access doors; alterations to the roof and installation of new rooflights above the roof of single storey back addition; erection of new front boundary wall and formation of bin stores at the front of the building; alterations to the front elevation to include the installation of new windows and doors; conversion of the ground floor and basement level to provide 2 x three bedroom self-contained flats (Class C3).

Anyone who wishes to make representations about these applications should do so by **4th July 2017**. See below for ways of commenting on applications.

Signed: **JO ROWLANDS**
Regeneration, Planning and Housing Lead Director on behalf of HAMMERSMITH & FULHAM COUNCIL

You can view applications, make comments and monitor their progress on our website: www.lbhf.gov.uk/planning. Click on the 'Planning Online' logo on the Planning Home Page.

You can also E-mail comments to: plancomments@lbhf.gov.uk

You can also inspect details of applications using computers at our office **RECEPTION FIRST FLOOR HAMMERSMITH TOWN HALL EXTENSION KING STREET W6** between 9.00am and 5.00pm, Monday to Friday, excluding public holidays.

If you want to make comments on applications please E-mail them through our website or post them to **DEVELOPMENT MANAGEMENT SERVICE PLANNING AND DEVELOPMENT DEPARTMENT TOWN HALL KING STREET W6 9JU** by the date shown above. Please include the application reference number and the name of the planning officer. We will try to consider any representations received after the date indicated but this cannot be guaranteed so please reply promptly. For initial enquiries call our information and reception service on **020 8753 1081** or **020 8753 1082**.



Send us your comments about planning applications via our website: www.lbhf.gov.uk/planning

London Weekly News

SPORT

Tuesday, June 13, 2017

● email paul.lagan@slp.co.uk

Arsenal are in for dumped by text Costa



This week at STAMFORD BRIDGE

BY PAUL LAGAN

paul.lagan@slp.co.uk

Diego Costa, who was told his Chelsea career was over by a text message from head coach Antonio Conte could be heading to north London to join arch rivals Arsenal in a sensational move that will rock the Premier League.

Arsenal are desperate for a quality hit man as Alexis Sanchez is expected to exit the Emirates for Manchester City or Bayern Munich next month, and Chelsea want to get £200,000 a week Costa off the wage bill as they prepare to formally open talks with Everton for the services of Romelu Lukaku.

Costa revealed last week that he not longer has a Chelsea future after an extraordinary text message was sent to the Spain forward by Conte.

The Italian sent all his players a message thanking them for a great season and wishing them a good holiday, before, in Costa's case, being told "you are not in my plans."

Conte made great play last season that he was creating a 'family' where everyone from tea lady to top striker's were equally important.

So it was a revelation that top scorer Costa was told in such a disrespectful way to pack his bags and don't come back.

But getting rid of the Brazil-born striker may be difficult due to his wage demands - very few sides in Europe would be prepared to pay that price, hence the extraordinary move to Arsenal.

It was believed that he would return to Atletico Madrid, from who the Blues signed him for £32million in July 2014.

He confirmed that he would not go to China as he now wants to focus on playing for Spain in next year's World Cup and a move to the Far East would almost certainly have ended his international career.

He played and scored the winner in Spain's 2-1 World Cup qualifier in

Macedonia on Sunday.

New regulations in China would almost certainly have scuppered that move anyhow, and Costa said that he would only leave SW6 for Atletico Madrid.

But the Spanish side are subject to a transfer ban until January. Conte would not want the potential for Costa to disrupt the dressing room if he stayed until January - preferring to get rid now of the striker with whom he also had a training ground bust-up with in January.

A bid of £40million from Arsenal will secure the signature of Costa.

The Blues revolution will see former Chelsea strainer, Belgium hitman Lukaku return to Stamford Bridge and take Costa's place in the Chelsea starting line-up.

The Premier League winners have been after Lukaku for almost 18 months. Relations between the two clubs soured last season as the west Londoners were preparing a £50million offer for the player they sold to Everton, in 2014 for £28million.

The Toffeemen were not pleased by the way Chelsea went about their business, but are now resigned to losing their top scorer, with Chelsea in pole position to pay the cash.

Lukaku was pictured in a firm embrace with Chelsea director of football Michael Emenalo in the tunnel after the two sides played at Goodison Park last season. The suggestion was that Emenalo, who brought Lukaku to Chelsea from Anderlecht in 2011 for £18million, was cementing what was always seen, as good relations between the two men.

Meanwhile Chelsea are close to signing two midfielders as they seek to embark on the defence of their league title and having a serious tilt at the Champions League.

A defensive and creative midfielder are in the frame in the form of Monaco's Tiemoue Bakayoko and James Rodriguez.

The 22-year-old Bakayoko will fly to London for a medical this week and a £35million transfer has been agreed.

That will mean the end of the road for Nemanja Matic, who could rejoin



Gary Cahill with England team-mate goalkeeper Fraser Forster



Diego Costa could be going to Arsenal in sensational switch to the north London rivals

manager Jose Mourinho at Manchester United.

The second midfielder is Real Madrid's James Rodriguez, who has fallen down the pecking order at the home of the current European champions.

The Colombian will make way at the Bernabeu for another Monaco player Kylian Mbappe.

Rodriguez, more commonality known by just as James, is worried that his international place is at risk from the lack of game time at Real Madrid. The 26 year old was not even in the squad for the Champions League final victory over Juventus last month.

His international boss José Pékerman, made it clear he was unhappy about the situation.

He said: "James knows full well that he has had a tough year, but I saw a big improvement in him. He had some difficult moments, but had the strength of character to face up to them in the knowledge of how demanding a club like Real Madrid is, they're the European champions."

"James played well in various matches. About the number of minutes he played, it's a subject that depends on the decisions of the coach, and they can't be questioned because only the coach knows whether rotations are necessary."

"Real Madrid is the club that James always dreamed about, he has won titles there, and he has

contributed as much as he could.

"That said, it seems to me that he has not had the support to make him feel happy."

"At the moment he has to work out which possibilities are the best for him and the club. It'll be a joint decision. James is an exceptional player, there are few like him in the world, and he is key for Colombia. He feels happy with the national team, and he's keen to triumph. He has plenty of time to do so."

● Gary Cahill failed to get the England captaincy he deserved for the World Cup qualifier against Scotland, but that did not get him down as the Three Lions salvaged a late 2-2 draw at Hampden Park on Saturday to remain top of their group.

● Meanwhile Chelsea has two new world champions.

Jake Clarke-Salter and Fikayo Tomori lifted the Under-20 World Cup on Sunday morning as the centre-back pairing starred in the 1-0 win, in the final against Venezuela in South Korea.

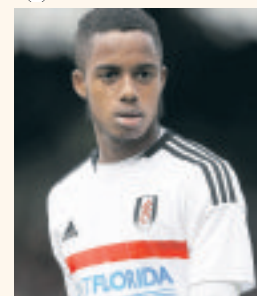
To go along with that extraordinary achievement five Chelsea kids were part of the England set-up that retained the Toulon Tournament in France against the Ivory Coast.

Josh Grant and Reece James started in defence while Ike Ugbo and Tariq Uwakwe coming on as substitutes. Martell Taylor-Crossdale was an unused substitute.

Spurs swoop for next 'Bale' Sessegnon



Focus on Craven Cottage



Ryan Sessegnon

BY PAUL LAGAN

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Tottenham Hotspur are leading the chase to sign left back Ryan Sessegnon.

Liverpool were keen but have been told that the 17-year-old would prefer to stay in London and the north Londoners are favourites to snap up the player they see as the next Gareth Bale.

Spurs famously signed Bale from Southampton, and converted him from left back into one of the world's top players.

And they believe they can do the same for Sessegnon.

Team-mate Ragnar Sigurdsson is surprised no Premier League club has snapped up the precocious talent.

The Iceland centre back is reported to have said: "He has a very bright future. I'm just surprised he didn't get any offers during the season. I think he was that good. There's no surprise there."

He scored seven times in 30 first-team outings last term.

The Whites are keen to boost their defence and will have a ready made replacement for Sessegnon should he exit Craven Cottage which is why they are keen on Julian Jeanvier at French side Reims.

Nine players will leave Fulham at the end of their contracts on July 1. They are Ryan Tunnicliffe, Larnell Cole, Jack Grimmer, Ryheem Sheekleford, Josh Smile, Jake Soutter, Josh Walker, Cassian Thomas and Josh Lukwata.



QPR have three players out on international duty at the moment - striker Yeni

Ngbakoto was an unused substitute for the Democratic Republic of Congo's 3-1 win over Congo Brazzaville in the African Cup of Nations qualifier on Friday.

Club team-mate Patel Wszolek was in the squad but not in the starting 11 nor on the bench for Poland in their 3-1 World Cup qualifier victory over Romania on Saturday, while

Australian Massimo Luongo came on with five minutes on the clock as the Socceroos beat Saudi Arabia in a World Cup qualifier 3-2 on Thursday.

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